

SARIMAH IBRAHIM

I am every woman.

Mental Health Spokesperson and Advocate
Screen Actor and TV Host



Curriculum Vitae

Name Sarimah Ibrahim
D.O.B. 19 February
Place of Birth Dublin, Ireland
Ancestry Irish, Italian, Indian, Malay, Chinese and Indonesian.
Passport Irish
Location Dublin, Ireland
London, United Kingdom
Kuala Lumpur, Malaysia
Years active 1996 – present
Roles Mental Health Advocate and Spokesperson
Screen Actor
Television & Talk Show Host
Professional Emcee
Radio Announcer
Recording Artiste
TV Commercial Talent
Voice Over Talent





Early Education

Her early education was obtained in Malaysia, Ireland, Abu Dhabi and at the Emirates International School, Dubai where she completed O-Levels and her Irish leaving Cert.

Tertiary Education

Associates degree in (Psychology), HELP University, Malaysia.
Professional Certified Transformational Coach (2022).
Cambridge TESOL Certified English Language Teacher (Adults).

Language

Fluent Native English
Fluent Native Malay and dialects
Conversational Bahasa Indonesia and Chinese
Accents – General American, English, Irish, Australian.

Skills

Black belt 1st Dan in Karate
Skydiver
Advanced Scuba diver
Certified Pilates Stott

Actor Training

Mel Churcher The Fifth Element (1997), Lara Croft: Tomb Raider (2001) and Control (2007) - Ongoing

Gerry Grennell, Bow Street Academy Heath Ledger for The Joker, Annihilation (2018), Dune (2021) and The Brothers Grimm (2005) - Ongoing

Joseph Pearlman Acting Academy, Los Angeles Michael Welch (The Twilight Saga), Lindsey McKeon (One Tree Hill), Eugene Simon (Game of Thrones) - Ongoing

Lee Strasberg Institute NYC Method

Filmography

Acting roles

2023 'RIOT!' (Astro Premiere) – Legal Drama, as Social Rights Lawyer, Lydia

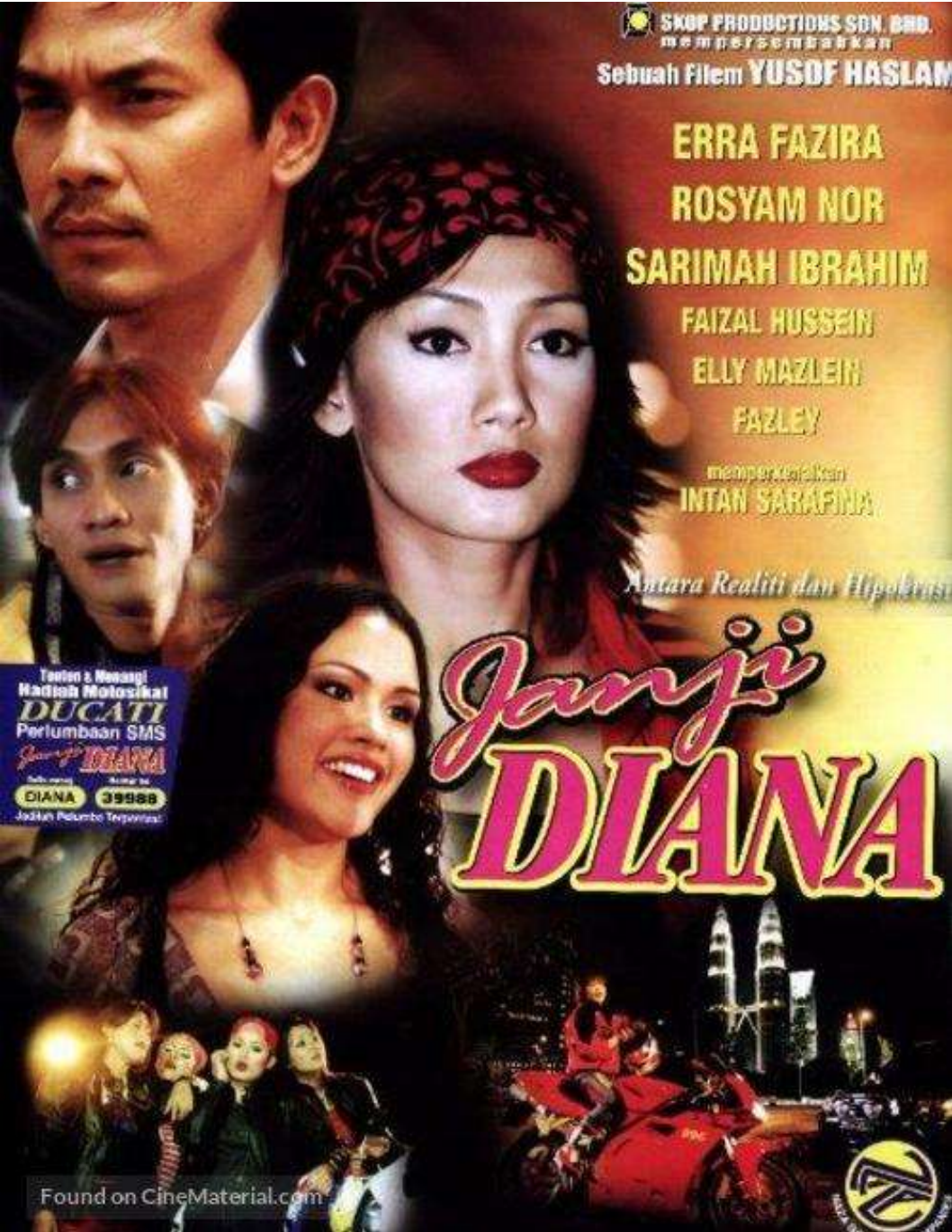
2023 'Jack Yusof' (Astro Originals) – TV Series as herself

2016 'A Piece of my Heart / Seiras Hati' (TV2) - TV Series

2015 'And the women were created / Maka Diciptanya Perempuan' - TV Series

2014 'Apocalypse / Apokalips' (Astro Shaw) - Mamat Khalid's Sci-Fi Film as Zara





2005 'Special Forces GK: The Movie 3' - Datuk Dr. Yusof Haslam's Action Film as Inspector Farah

2003 'Diana's Promise Janji Diana' – Datuk Dr. Yusof Haslam's Drama Action Crime Film as Sabrina

2001 'MX3' - Spy Comedy Film

2000 'Moon Dreams, Mimpi Moon' - Shuhaimi Baba

1999 'And the women were created / Maka Diciptanya Perempuan' in 18 eps.

1998 'Dream Princess 2 / Puteri Impian 2' - Rom Com Film by Aziz M. Osman, as Lisa

1997 'A Piece of my Heart / Seiras Hati' in 15 eps.

Voice Acting

2008 Animated film, Teenage Mutant Ninja Turtles (Astro)

Television Host

- 2022 The Malaysian Film Festival Awards LIVE
- 2022 Inaugural IKON Sports Awards LIVE
- 2022 Gegar Vaganza Variety Astro LIVE
- 2015 The Sarimah Show Talk Show
- 2014 Host MYEG Xtra Time at Astro Sports Channel
- 2013 Host of CNNGoto KL
- 2012 Host of Tourism Malaysia's destination videos
- 2011 Host of 1,2,3, Tukar! makeover show ASTRO RIA
- 2010 The Malaysian International Film Festival
- 2010 Host of Akademi Fantasia Season 8 Weekly Concerts
- 2009 Host of "The Biggest Loser Asia" Season 1, Hallmark Channel, NBC
- 2008 Diari Akademi Fantasia Malaysia's Hit Reality show 6th season, RADAR AF7, Astro Ria
- 2009 Diari Akademi Fantasia Malaysia's Hit Reality show 7th season, TIRAI AF7, Astro RIA
- 2009 Tangkap Muat Makeover show, Astro RIA
- 2007 IKON Music Competition Regional Asean (Malaysia, Indonesia, Philippines, Singapore)
- 2006 Galaksi LIVE Talk Show, TV9
- 2004 LIVE Award show Anugerah Juara Lagu 19, TV3
- 2003 LIVE Award show Anugerah Juara Lagu 18, TV3
- 2000 Gameshow 'The Oreo Zone TV3'
- 2001 Political Talk Show Malaysia 202, RTM
- 1996 The Attic Show, TV2

- 1997 The Disney Channel, Disney Buzz, Astro (1997-2000)
- 1997 The RIM Chart Show NTV7
- 1999 Children's Weekend Entertainment show KIDS@NTV

Radio Announcer

- MIX fm 106.5 MIX Breakfast Show (Malaysia)
- RED fm 104.9 Star RFM Show (Malaysia)

Magazine Cover Girl

Appearances on the cover of Readers' Digest twice



Professional Emcee

(2008-current)

The Biggest Loser Asia Press Viewing for Hallmark Channel

WWF Earth Hour Malaysia

KL World Marching Band Competition for MTV ASIA

Bank Negara Malaysia Annual Dinner

HSBC, Maybank, Citibank, Malaysia Telecom

SKALI 10th Anniversary Dinner

EMI Press Conference

Tourism Malaysia, Sabah Tourism

Coca Cola, Kenwood, Lexmark

Chanel, The Four Seasons Hotel, Petronas Twin Towers KLCC

Nokia, Samsung, Hewlett Packard, McDonald's

Westin Langkawi, Four Seasons Langkawi

The Marina Bay Sands Official Launch Singapore

Theatre Acting

2011 Played 13 roles in Tun Mahathir The Musical, Istana Budaya Kuala Lumpur

2012 Played one of three Nyonyas in 'Theatre Nyonya Mak Dara'

Talent in Commercials

Ambassador Endorsements

(2008-current)

Malaysia Telecom

Rizman Ruzaini Couture

Sprite

Ribena

Laurier

Lexmark

Halls Confectionary

Clairol Herbal Essences Shampoo

Earth Hour Campaign Ambassador

Power Over Cervical Cancer Campaign Ambassador

The Body Shop Ambassador



Community Work

Spokesperson, Mental Health non-profit organisation, Empati (ongoing).

Patron of the Mental Illness Awareness and Support Association (MIASA) Malaysia 2021.

Women's Centre for Change Ambassador 2015.

Entertainment Industry Achievements

2012 Nomination for Best Radio Announcer

2010 Best TV Presenter Anugerah Seri Angkasa (Seri Angkasa Awards)

2008 TV3 Cosmopolitan Fun Fearless Female Nominee

2009 TV3 Cosmopolitan Fun Fearless Female Nominee

2005 Best Entertainment TV Presenter Anugerah Skrin (Screen Awards, Malaysia)

2005 Best TV Presenter Anugerah Skrin (Screen Awards, Malaysia)

2002 FHM Magazine's 100 Sexiest Women in Malaysia

2002 People's Choice Award, etc Magazine

2001 People's Choice Award, etc Magazine

2001 Best New Artist Anugerah Industri Muzik (Music Industry Awards, Malaysia)

2001 ERA Awards Best New Artist

1998 Best Newcomer Anugerah Media Hiburan (Entertainment Industry Awards, Malaysia)

1999 New Straits Times Coolest Local Personality

1999 Nominated Best Supporting Actress at the Malaysian Film Festival

Recording Artiste

The single features UK Pop Artist SIMON J BAILEY who has performed all over the World with artists including Elton John, Mariah Carey and Whitney Houston in countries such as Singapore, Morocco, Switzerland, Malta, Germany, Holland and Ireland.

Award winning TV host Sarimah decided to do this collaboration with SIMON J BAILEY a year ago after having met him through top London singing coach Robert Bicknell. Sarimah co-wrote the song based on her life experiences and decided to collaborate with Simon to add his flair, writing skills and touch to the single in terms of lyrics and they then left the final sound to Benny D to put together the magic.

The single was produced by Benny D at Power Studios in London, UK famously known as the studio of choice for artists such as Elton John, Adele and Massive Attack. The single is available on pre-order now on iTunes and Amazon and also on most of these digital platforms on the official release date:

Digital-music-distribution-partners :-



Mental Health Advocate



The Hope Project, 'Harapan' is a music single / music video released by Damian Mikhail of pop group VE and Sarimah Ibrahim on 10 Sept 2021 in conjunction with World Suicide Prevention Day. Sarimah describes it as their "humanitarian gesture" in urging Malaysians to "choose life".

Acting with Impact

Body image empowerment



The Biggest Loser x Fitness First



The Body Shop



Global warming is getting worse by the day. One person cannot make a difference. But 25 million people can. Zainal Abidin and Sarimah have signed up at www.earthhour.org/malaysia What about you?

Socials



- IMDb <http://m.imdb.com/name/nm0406566/>
- SPOTLIGHT <https://www.spotlight.com/3094-9058-4142>
- FACEBOOK <https://www.facebook.com/sarimahibrahim>
- INSTAGRAM <https://www.instagram.com/sarimahibrahim>
- SPOTIFY <https://open.spotify.com/artist/16GAXN4IHAq1soMAZjs9Ka?si=QbgBbC-GTJmj6KjdEPUZDA>
- THREADS <https://www.threads.net/sarimahibrahim>
- TIK TOK <https://www.tiktok.com/@thesarimah>
- X, FORMERLY TWITTER <https://www.twitter.com/sarimahi>
- LINKEDIN <https://www.linkedin.com/in/sarimahibrahim/>

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I am every woman.

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Thank you.